HOSTELS 2ND & 4TH WEEK >

4.3.2019 to 10.3.2019, 18.3.2019 to 24.3.2019 pS SUL,

Days Breakfast Lunch Dinner

Monday

Break- [

“Alo onion Prantha”,

“ Daliya, sprout”]

Lunch-[“ karhi pakora”,

“ Rice pullao”,

“ aaloo zera”]

Din- [“Dal makhni”,

“Aloo gobhi”,

“ kesar laddoo”]

Tuesday

BREAK-

[“Gobhi prantha”,

“sweet corn”,

” choco”,

”poha”]

LUNCH-

[“Aloo puri”,

“petha”,

“ curd”]

Dinner-

[“Aloo GajarMatar”,

“Sabut moong Dal”,

“ Cake”]

Wedanes

Break-

[“Mix veg prantha”,

“ corn flakes”,

”Daliya”]

Lunch-

[“Tandori Roti”,

“ Dal Makhani”,

“Aloo onion”,

“curd”]

Dinner-

[“paneer do pyza”,

“channa dal”,

“milk cake”]

Thur

Break-

[“Plain prantha”,

“ Aloo zeera”,

“Sandwich”,

“sprout/choco”]

Lun-

[“Rajmah patta”

“curd”]

Dinner-

[“Aaloo gobhi”,

“Dal”,

“chocolate” ]

Friday

Breakfast-

[“Paneer pratha” ,

” Daliya,sprout”]

Lunch-

[“Pav Bhajji”,

“ Dal Rice”,

“curd”]

Dinner-

[“Chana Masala”,

“Plain Parantha”,

“Mah chana dal”,

“semiyan”]

Satur

Break-

[“Aaloo prantha”,

“ Bread pakora”,

”Corn flakes”]

Lunch-

[“Black channa”,

”petha Rice “]

Dinner-

[“Mix veg.” ,

“Sdbut moong Dal”]

Sunday-

Break-

[“Cutlets”,

”Dal Prantha”,

“Daliya”]

Lunch-

[“Plain Naan”,

“ chholey”,

“Boondi Raita”,

“Green chutney”]

Dinner-

[“Karhi paneer”,

”moong msar dal”,

“Ras malai”]